



Dear Local Food Supporter:

Planting season is growing near and I am writing to offer you an opportunity to become a subscriber in this year's upcoming harvest season. Community Supported Agriculture (CSA) is a dynamic way to put your beliefs about nutrition and ecology into action.

Supporting local growers keeps economy for small farms viable and sustainable within our local community. In turn you have the opportunity to experience some interesting, fresh and nutritious fruits and vegetables delivered weekly from May through October.

I use no chemical pesticides, herbicides, GMO's, or antibiotics on any of my produce.

Here's how it works:

Once a week you will pick up your share which will include an assortment of produce available of the season grown by myself.

This CSA will offer a monthly subscription \$100.00 per month approximately \$20 - \$25 per week. Eggs are available for \$4.00/doz.

Please contact me by e-mail for specific details.

I farm both in Travelers Rest, SC and Flat Rock, NC. Here are links to find out about where your food will be coming from and what may be available.

Chanteloupfarm.com

Sincerely,

Goodthingsgrowhere.com

Richard Kouyoumjian



Richard Kouyoumjian,
Sustainable Farmer

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